

FOUNDATION



For A Healthier West Orange

Mission

The Foundation for a Healthier West Orange invests in and champions initiatives that support the health and well-being of West Orange County residents.

Vision

To cultivate the healthiest community in the nation.

Values

Health and wellness | Innovation | Access

What We Do

Through collaborative efforts with business leaders, government officials, faith-based organizations, educational institutions, nonprofits, and healthcare professionals, our work focuses on four key areas: healthy living, quality access, healthy spaces, and collaborative investments.

Our Work in Action

- **Healthy West Orange** – A movement that empowers individuals to lead healthier lives through community engagement and education. The movement annually engages 400,000 community members through signature events, festivals, 5K races, health activity challenges, and online platforms.
- **Westly's Mile** – An initiative that brings a walking and running program to elementary schools throughout the county, encouraging students to prioritize heart health through increased daily physical activity. Designed for students of all fitness levels, the program transforms movement into an adventure, creating a fun, goal-oriented experience. Healthy West Orange – fueled by the Foundation for a Healthier West Orange – facilitates Westly's Mile alongside the American Heart Association.
- **HUBB** – A physical and virtual resource center that helps residents find and access local health and wellness programs and services. Nearly 11,000 residents use HUBB each year to find and access local health and wellness programs and services.
- **West Orange Maternal Health Collaborative** – Brings together nonprofit organizations, healthcare leaders, and community members dedicated to improving outcomes for moms and babies across West Orange. The collective was created to connect across sectors, align ongoing efforts, and focus on a shared, urgent goal: reduce low-birthweight pregnancies in West Orange County to improve infant mortality and the long-term health of children and mothers.
- **Vibrant** – A nonprofit that empowers adults ages 55 and older to remain independent and socially connected. Through its membership-based and volunteer-driven model, Vibrant is a community-centered solution redefining aging in West Orange County.

Stay Connected

- **Website:** fhwo.org
- **Facebook/LinkedIn:** Foundation for a Healthier West Orange